SUNDAY / DOMINGO

7:00PM 1.5HR I CAN'T, WE CAN, Recovery Advocates in Livingston, 5888 Sterling Drive, Howell, MI, (C,LS)

8:00PM 1HR Staying United, Virtual Meeting, (O, WEB, VM)

https://us02web.zoom.us/j/9167874999

MONDAY / LUNES

8:00PM 1HR Staying United, Virtual Meeting, (O, WEB, LS, VM) https://us02web.zoom.us/j/9167874999

TUESDAY / MARTES

7:00PM 1HR Tuesday Night Miracles, Livingston County Alano Club, 5754 Whitmore Lake Road, Brighton, Michigan, 48116 (O, WC, LS) Meets in the Serenity Room (off of the kitchen in the basement). AKA the Polar Bear room.

8:00PM 1HR Staying United, Virtual Meeting, (O, WEB, LS, VM) https://us02web.zoom.us/j/9167874999

WEDNESDAY / MIÉRCOLES

7:30PM 1.5HR RECOVERY ON THE LAKE, Wesley United Methodist Church, 9318 Main St, Whitmore Lake, MI, (O,WC,LS)

8:00PM 1HR Staying United, Virtual Meeting, (O, WEB, LS, VM)

https://us02web.zoom.us/j/9167874999

THURSDAY / JUEVES

7:00PM 1HR GIVE YOURSELF A BREAK, St Joseph Catholic Church, 440 E Washington St, Howell, MI, (C,CL,LS)

8:00PM 1HR Staying United, Virtual Meeting, (O, WEB, LS, VM) https://us02web.zoom.us/j/9167874999

FRIDAY / VIERNES

7:00PM 1.5HR The Dorr To Recovery, 5888 Sterling Drive, Howell, MI, 48843 (O,W,WC,CW) Women's meeting, but no addict will be turned

7:30PM 1.5HR No Man's Land. New Hudson United Methodist Church. 56730 Grand River Ave, New Hudson, MI, 48165 (C,M,WC)

SATURDAY / SÁBADO

8:00PM 1HR Staying United, Virtual Meeting, (O,SD,WEB,VM) https://us02web.zoom.us/j/9167874999

MEETING FORMAT LEGEND			
С	Closed	CL	Candlelight
CW	Children Welcome	LS	Literature Study
М	Men	0	Open
SD	Speaker/Discussion	VM	Virtual Meeting
W	Women	WC	Wheelchair
WEB	Online Meeting		

Narcotics Anonymous is not affiliated in any way with any of the facilities or online platforms in which our meetings are held. We list the names of the facilities only to make it easier to find our meetings, and the use of those platforms does not constitute any endorsement, affiliation or approval of the providing service or company.

"When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends—iails. institutions or death—or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual—not religious—program, known as Narcotics Anonymous." - NA Basic Text, pg. 87

A Message to the newcomer:

We suggest that you keep and open mind and give yourself a break. Our program is a set of principles written so simply we can follow them in our daily lives. The most important thing about them is that they work. Who, What, How and Why - IP #1

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

PHONE NUMBERS



"The only requirement for membership is a desire to stop using" From the Basic Text

> 24 HOUR HELPLINE 800-230-4085

This QR code will take you to the most up to date meeting information:



SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK, IT WORKS

Meetings Weekly: 12

This QR Code will take you to the Michigan Region website



This QR Code will take you to the Livingston Area website

